

Tamworth First Light

The Bulletin

Issue 18 | 16 October 2024 | Meeting 1723

This Week

- While the President's away, the mice will play

16 October 2024

RSVP Link



Rotary Year 2024 - 2025

RI President: Stephanie Urchick

District Governor: Bruce George

President: Sue O'Connor

Secretary: Courtney Priestley

Treasurer: Dennis Maunder



Richards Notes

Quote of the Week

There are over 200 million illiterate women in India. This low literacy negatively impacts not just their lives but also their families' and the country's economic development. A girl's lack of education also has a negative impact on the health and well-being of her children.

Sachin Tendulkar

Jokes of the Week

There were so many takers for the Joker Card today that I can only put up the winning joke, but still can rate the other attempts as follows:

1. Micheal Smith – Kiwi Joke at Paul's expense (easy target) – Funnier
2. Hugh Raadgever – Joke about teeth – Funny-ish
3. Peter Leonard – Women Driver joke – read the room – Funny-not

Winning joke from Richard

A new club has opened in town called the Autopsy Club. This Friday they are holding an open mike night.

With President Sue still in Japan enjoying a quick holiday we had a rowdy meeting with all members having plenty to say. Some notices from the meeting:

Rotary Golf Day & BBQ:

•Unfortunately, this has been cancelled due to lack of numbers. The Golf Committee is exploring other options, watch this space.

End Polio Movie Night:

•The movie night is on at the end of October so please look at your calendars and support a worthy cause for the end of polio. Send your number through to Simon as soon as possible.

RYLA News:

·Ritchie Goddard (RC Dorrigo) and Ben Watts (Sponsored by RC Tamworth First Light) have both received awards from Rotary Oceania for their work commitment with the RYLA program.

·RYLA 2025 Leaders have been selected and two of the 2024 cohort sponsored by our Club have been selected as the 2025 Leaders. Well done Ella Mitchell and Mitch Bowen.

Great Aussie Bird Count:

·Starts Monday 14 Oct and runs each day until Friday 20 Oct. 20 minutes a day and follow the links below to register and download the app to get your numbers in.

Our guest speaker for the morning was Deb Maes who discussed how to boost our productivity by staying calm. Deb passed on some simple activities to regulate our stress and staying calm. More further in the bulletin. Always one to get involved our own Simon Guest provided Deb with a technique of his own that helps him sleep, not sure what was going on during the demo!



Join us FUNDRAISER

End Polio Movie Night

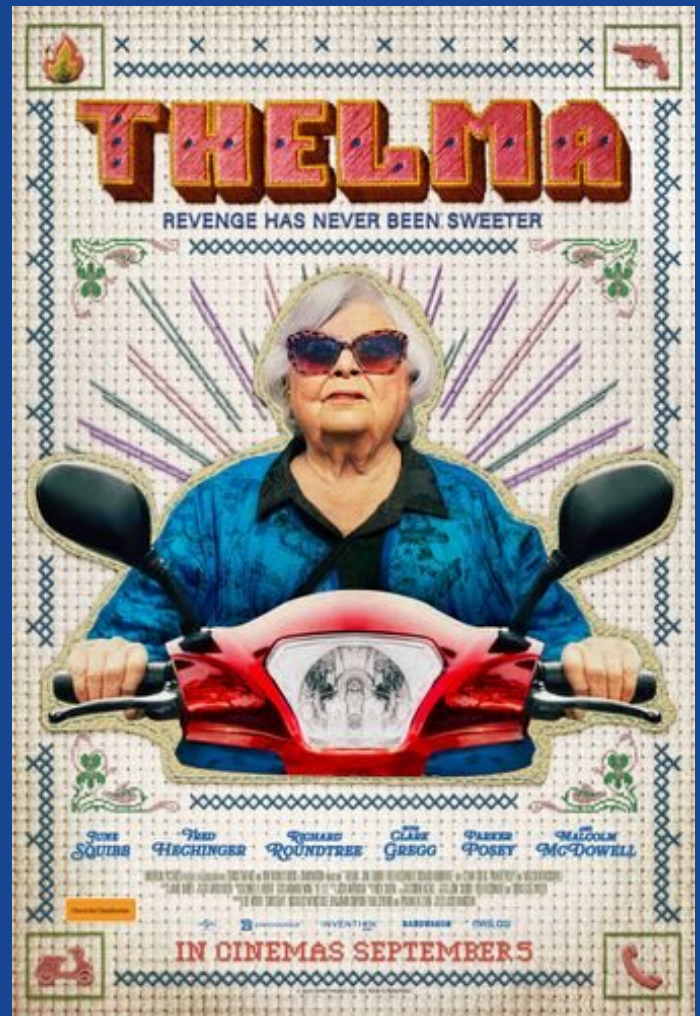
31 Oct 24

7.30pm

RSVP to

Simon Guest

0400 062 524



By the numbers

\$3

average cost to fully protect a child
against polio

430
million

children in total vaccinated in 39
countries in 2017

\$100
million

cost to conduct polio surveillance
worldwide

Are you ready to count?



AUSSIE BIRD COUNT

14-20 October 2024

Start counting in...

004 04 40 00

Days

Hours

Minutes

Seconds

**Mark the date
in your diary!**

<https://aussiebirdcount.org.au/>

NEWCASTLE

GINTASTIC *get together*

Come along to our first local Gintastic event!
(Includes a gin distillery tour, G&T, canapes
and an opportunity to meet with fellow gin enthusiasts)

THURSDAY 28TH NOVEMBER, 2024

Where : Earp Distilling Company
41 Darling Street, Carrington
Newcastle 2294

Time : 6 - 9 p.m.

Cost : \$55

RSVP : 14th November



Tickets here

Rotary
Newcastle Sunrise

There will be an opportunity to join the
Rotary Fellowship of Gin on the night
Open to all, no requirement to be a Rotarian to join in the fun

Let's LIFT THE LID on MENTAL ILLNESS with Australian Rotary Health



LIFT THE LID
on mental illness

Celebrate with us on **World Mental Health Day - October 10**
or any time during Mental Health Month in October.

1 in 7 young Australians suffer a mental health condition.

100% of proceeds will go to funding vital mental health research.

www.liftthelidonmentalillness.com.au



Guest Speaker - Deb Maes



Please see attached document for information on Deb's presentation on how to boost productivity to stay calm



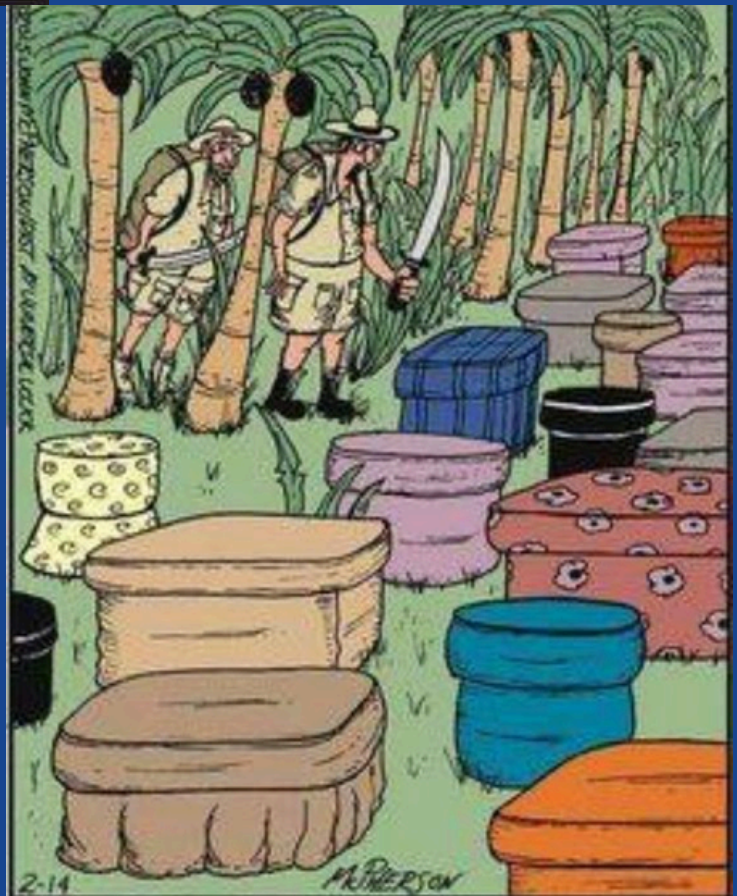
Exchange Student Adventures - Ela & Malin



SCHOOL HOLIDAYS
friends & trips away



The Funny Elbow



"Great Scott, Ingrey, it's
the Ottoman Empire!"

Important Info

[Tamworth First Light Webpage](#)

[District 9660 Webpage](#)

[Rotary International Link](#)

[DACdb Link](#)

Calendar



Join us
every 3rd
Friday of
the month
at The PO
Hotel

31 OCTOBER 2024 - POLIO MOVIE NIGHT

16 & 17 NOVEMBER 2024 - DISTRICT SHOWCASE

20 DECEMBER 2024 - SANTA CRAWL

14 - 16 MARCH 2025 - DISTRICT CONFERENCE

13 & 14 MAY 2025 - NWRCE

ASSISTANCE REQUIRED:

NIL

Roster

Date	16 Oct	23 Oct	30 Oct
Topic	The Heart Foundation	Club Training Day (Youth Protection)	Boosting Personal Effectiveness & Peak Performance
Location	Tamworth City Bowlo	Tamworth City Bowlo	Tamworth City Bowlo
Guest Speaker	Simon Cowie	Steve Hawkins	Deb Maes
Sergeant	Terry Robinson	Terry Robinson	Terry Robinson
Corporal	Charlotte Moore	Luke Massey	Richard Hardwick
Meeter & Greeter	Joanne Lewis	Paul Stevenson	Bruce Hemmett
Door Team	James Treloar Mitch Soree	Deb Barnes Alice Elsley	Hugh Raadgever Liz Gill
President Assist	Peter Ryan	Mal Turnbull	Louise Matthews
Guest Speaker Intro & Visitor Assist	Glenn McIntosh	Nil	Diane Petterson
Bulletin Notes Vote of Thanks	Bev Fletcher	Nil	Graham Dooley

POST OFFICE RAFFLE – FRIDAYS – 6:00 – 7:00PM

19 Oct	25 Oct	1 Nov	8 Nov
Brian Logan Hannah Woods	Hannah Woods Louise Matthews	Louise Matthews Charlotte Moore	Charlotte Moore Richard Hardwick

Any changes to the roster, please let the President Assist know the morning of the meeting that you are replacing someone.

Reminder that it is up to members to find your replacement if you are unavailable.

Email Leave of Absence to the Secretary

Birthday, Anniversaries, and Inductions

Members Birthdays	-
Partners Birthdays	Nil
Club Inductions	Nil
Anniversaries	Nil

Attendance	62%
Visiting Rotarians	Nil
Visitors	Nil
Heads and Tails	Aurelie Quade
Chook Raffle	Terry Robinson (free breakfast the following week only, cannot be claimed at a later date)