



# Rotary Club of Tamworth First Light



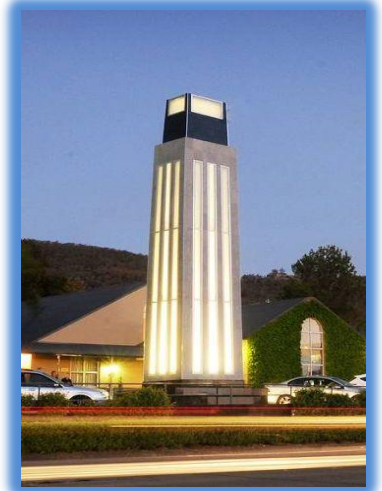
**2019-2020**

District Governor [Phil Hafey](#)

President: [Barry Biffin](#)

Secretary: [Liz Gill](#)

Treasurer: [Deb Barnes](#)



MEETING 1461

WEDNESDAY 24 JULY 2019



*David Hinwood is into "birds" at the moment - lovely "family" photo*

## IMPORTANT DIARY DATES

**Thursday, 18 July 2019** – Community Consultation Meeting – Britten Room at the Tamworth Community Centre, 3A Darling Street, Tamworth – 5:30 – 6:30PM

Wednesday, 7 August Movie - "**DANGER CLOSE**" – The Battle of Long Tan – **WE WON**

Saturday / Sunday – 17 & 18 August – MERV Van at Bunnings

Saturday, 27 June 2020 – D9650 Changeover

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**DANGER CLOSE – The Battle of Long Tan – Australian Produced Movie** – Wednesday, 7 August 2019 at 6:00 for 6:30PM at the Capital Cinema – tickets available through our Rotary Club - \$15.00 – funds raised will go to **Mates4Mates** or to book tickets contact

Brian Logan – 0418 576 776 or [loganbrian2@bigpond.com](mailto:loganbrian2@bigpond.com)

Jane Bradford – 0429 666 100 or [jbmail@monelu.com](mailto:jbmail@monelu.com)

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illustrations of.com #1157339

Mitch Soree is our Public Relations Director this year – this is his signature for the year – please don't forget to provide Mitch with details about upcoming events, stories, happenings – he likes jotting down notes and can be contacted on **0401 719 332** or [mitchell.soree@gmail.com](mailto:mitchell.soree@gmail.com)

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Please note that the newly appointed **District 9650 Insurance Officer is our very own PP Brett White**

who can be contacted either by 0427 659 606 or

[brett@bdwmanagementservices.com.au](mailto:brett@bdwmanagementservices.com.au)

**Congratulations Brett** – how wonderfully handy for our Club when we require advice relating to risk management requirements, what is – or isn't – covered by Rotary D9650 or similar!!

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*For those who hate the idea of camping – This could almost be tolerable!*



Quote of the week

*Dream as if you'll live forever,  
Live as if you'll die today*

James Dean

**BARRY'S BRIEFINGS**

**WEDNESDAY, 17 JULY 2019**

& Barry Biffin



- Meeting eclipsed all others well outside anyway!
- Thank-you Paul for your Driving tips
- Post office hotel raffles – can be held over country music time \_ we will need to adjust the prizes and it will be possible to run them every day. Any suggestion or donations of possible prizes would be welcome
- The committee list for this year has been circulated - please let us know if you wish to change before we cast in stone
- Our exchange student Janni from Finland arrived Sunday afternoon (see this Bulletin)
- Arrangements for MERV van now in place at Bunnings on 17<sup>th</sup> & 18<sup>th</sup> August – I believe that roster spots are still available

- In finishing - the Drovers Run 2019 fund raising is entering its last days so don't miss out. I have included the link if you would like to make a contribution to this worthwhile cause

<https://droversrun2019.gofundraise.com.au/page/JudithBarryBiffin>

Have a great week.....

**BARRY BIFFIN**

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***THE SERGEANTS' DINNER IS FINALLY HERE FOLLOWING  
CONSIDERABLE PROMPTING FROM THE FLOOR!***

**WHEN** TUESDAY JULY 23  
**WHERE** POST OFFICE HOTEL  
**TIME** 6:30 FOR 7PM  
**RSVP** MONDAY, 22 JULY BY NOON FOR CATERING PURPOSES  
***have you replied??***

*All acceptances / apologies to go to  
Mandy Fisher – 0422 008 523 or  
mandy.fisher.australia@gmail.com*

*Mandy Fisher and Steve Martin look forward to the Sergeants  
joining them and providing “robust” or maybe even some useful advice!*

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**OUR SPEAKER TODAY IS PAUL STEVENSON**  
**TOPIC - NEW ROAD RULES AND HOW TO KEEP YOUR LICENCE**

The presentation was mostly with video so have listed the key topics and most pertinent points

**Roundabouts**

- Observe roadway markings
- Give way to any vehicle in the roundabout
- Indicate when leaving the roundabout
- Whilst it is allowable, best not to change lanes in a roundabout

**Merging**

- If the lane you are travelling in finishes with a broken line all the way to the end of the lane then you must give way to the vehicles in the lane you are merging into. This type of merging lane is normally sign posted with "Give way when merging"
- If the lane you are travelling in merges with another lane and the dotted line markings finish before the end of the lane then the car in the lead has the right of way.

**Mobile Phones**

- The only time you may be using a mobile phone for telephone conversation or using it as a navigation system is when it is mounted in a commercial cradle and hands free. **NO EXCEPTION.** Otherwise the vehicle must be parked in a suitable place and the engine switched off.

**Keeping in the Left lane**

- On multi lane carriageway you must keep in the left lane unless:
  - The speed limit is 80km per hour or less
  - You are turning
  - You are avoiding an obstacle
  - In congested traffic
  - You are overtaking a slow vehicle (within the speed limit of course)

If the road is signposted "Keep Left unless Overtaking" then you must observe these rules regardless of the posted speed limit.

**Lights**

- High beam must be switched to low beam when you are within 200 metres of either an oncoming vehicle or behind another vehicle. It is illegal to "flash" your lights at another vehicle.
- Fog lights may only be used in foggy or inclement weather.

**Pedestrians**

- When turning you must give way to pedestrians crossing the road you are turning into. The general rule is that you must give way to ALL pedestrians

**U Turns**

- Ensure you have a clear view of the roadway in all directions
- No u turns allowed over unbroken lines
- No U turns at traffic lights unless sign posted as allowable
- Give way to other vehicles

- Distances between vehicles when moving
  - Allow a 3 second gap behind the vehicle you are following. 4 seconds in wet weather or at night.
  - 30% of crashes are vehicles hitting the vehicle in front of them.



## School Zones

Normal 40kph school zone restrictions are from 8 am to 9.30 am and 2.30pm to 4pm school-days. If they differ then the different times will be shown on the restriction sign in RED

## Yellow Traffic Light

Means stop unless it is unsafe to do so.

## Some other lesser known rules

You can drive in bare feet

You can be no more than 3 metres away from your car if it is not locked

You are not allowed to eat whilst driving (3 points)

No occupied seat can be reclined whilst travelling

You can go through a red or amber light to make way for an emergency vehicle but must not proceed through the intersection

Introduced by Peter Bell  
(Excellent Report –  
Thank you – Editor)

Paul Stevenson being  
thanked by David  
Hinwood



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# mherv

men's health education rural van  
saving men's lives in rural australia



a rotary project  
District 9670

# FREE men's health checks!



**At Bunnings Tamworth**  
**Sat. 17th & Sun. 18th of August 10am-4pm**

Out in a New England paddock or in town in the supply business... many blokes don't take time to look after number one! High blood pressure and diabetes can sneak up with no symptoms. Too many of us drop dead suddenly, because nobody saw it coming! Do your mates a favour...

**Get checked ... see mherv ... its FREE!**

**mherv**

men's health education rural van  
saving men's lives in rural australia



a rotary project  
District 9670

**Free health checks at the Men's Health Education Rural Van include:**

- Blood pressure just to check the heart isn't too stressed.
- Blood sugar levels ... just a pin-prick in the finger, to make sure there's no type two diabetes ... which is manageable even if there is.
- Cholesterol ... just another pin-prick to see if levels are high and need attention.

Sponsored by:



## **SNAKES ALSO KNOWN AS GARTER SNAKES (THAMNOPHISSIRTALIS) CAN BE DANGEROUS - Yes, grass snakes, not rattlesnakes.**

A couple in Sweetwater, Texas, had a lot of potted plants. During a recent cold spell, the wife was bringing a lot of them indoors to protect them from a possible freeze. It turned out that a little green garden grass snake was hidden in one of the plants. When it had warmed up, it slithered out and the wife saw it go under the sofa. She let out a very loud scream.

The husband (who was taking a shower) ran out into the living room naked to see what the problem was. She told him there was a snake under the sofa. He got down on the floor on his hands and knees to look for it. About that time the family dog came and cold-nosed him on the behind. He thought the snake had bitten him, so he screamed and fell over on the floor.

His wife thought he had had a heart attack, so she covered him up, told him to lie still and called an ambulance. The attendants rushed in, would not listen to his protests, loaded him on the stretcher, and started carrying him out.

About that time, the snake came out from under the sofa and the Emergency Medical Technician saw it and dropped his end of the stretcher. That's when the man broke his leg and why he is still in the hospital.

The wife still had the problem of the snake in the house, so she called on a neighbour who volunteered to capture the snake. He armed himself with a rolled-up newspaper and began poking under the couch. Soon he decided it was gone and told the woman, who sat down on the sofa in relief. But while relaxing, her hand dangled in between the cushions, where she felt the snake wriggling around. She screamed and fainted, the snake rushed back under the sofa.

The neighbour man, seeing her lying there passed out, tried to use CPR to revive her. The neighbour's wife, who had just returned from shopping at the grocery store, saw her husband's mouth on the woman's mouth and slammed her husband in the back of the head with a bag of canned goods, knocking him out and cutting his scalp to a point where it needed stitches.

The noise woke the woman from her dead faint and she saw her neighbour lying on the floor with his wife bending over him, so she assumed that the snake had bitten him. She went to the kitchen and got a small bottle of whiskey, and began pouring it down the man's throat. By now, the police had arrived.

Breathe here...

They saw the unconscious man, smelled the whiskey, and assumed that a drunken fight had occurred. They were about to arrest them all, when the women tried to explain how it all happened over a little garden snake! The police called an ambulance, which took away the neighbour and his sobbing wife.

Now, the little snake again crawled out from under the sofa and one of the policemen drew his gun and fired at it. He missed the snake and hit the leg of the end table. The table fell over, the lamp on it shattered and, as the bulb broke, it started a fire in the drapes.

The other policeman tried to beat out the flames, and fell through the window into the yard on top of the family dog who, startled, jumped out and raced into the street, where an oncoming car swerved to avoid it and smashed into the parked police car.

Meanwhile, neighbours saw the burning drapes and called in the fire department. The firemen had started raising the fire ladder when they were halfway down the street. The rising ladder tore out the overhead wires, put out the power, and disconnected the telephones in a ten-square city block area (but they did get the house fire out).

Time passed! Both men were discharged from the hospital, the house was repaired, the dog came home, the police acquired a new car and all was right with their world.

A while later they were watching TV and the weatherman announced a cold snap for that night. The wife asked her husband if he thought they should bring in their plants for the night.

The rest is your imagination....





PUT ON YOUR DANCING SHOES



for the

# QUIRINDI RAIN DANCE

Join in the fun with

**MACCA & HIS  
GUMBOOT BAND**

for a community spirit lifting dance

at

**QUIRINDI  
ROYAL THEATRE**

**Thursday 25th July 2019**

from 7pm

*Come along and kick up the dust!*



**Ian McNamara - is coming to Quirindi,  
(Macca on a Sunday Morning, Australia All Over on the ABC Radio)**

**ADMISSION – FREE**





**Come and find out how you can help us to  
start the conversation about fathering**

You are invited to attend the

## **Tamworth Regional Launch**

**of**

## **The Fathering Project**

Date: Wed 31<sup>st</sup> July

Time: 5:30 - 7:30pm

Venue: Chillingsworth Room  
West's Leagues Club, Philip St, Tamworth

Canapés will be served

RSVP by COB 24<sup>th</sup> July 2019

Paul Briscoe - Regional Coordinator

Mob: 0404 063 475

Email : [paul.briscoe@thefatheringproject.org](mailto:paul.briscoe@thefatheringproject.org)

Guest Speakers will include:

- David Forrest - NSW Schools Manager, The Fathering Project
- Luke Norman - Principal, Oxley Vale Public School

[www.thefatheringproject.org](http://www.thefatheringproject.org)

The Fathering Project is heavily invested in encouraging the crucial relationship between children and their father or father figures. It is proving extremely successful in Western Australia.

The Fathering Project operates chiefly within the school system, and facilitates the formation of Dad's Groups, who then arrange a gathering per school term – informal, fun events where kids and their Dads can spend meaningful time together eating pizza or making paper planes and an opportunity for Dad's to chat about their parenting experiences etc.

If any of you know of Dads who might appreciate this support, please ensure that they receive this information.

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## . The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### Rotary Grace

O Lord and giver of all good  
We thank Thee for our daily food  
May Rotary Friends and Rotary ways  
Help us to serve Thee all our days

### Tamworth—First Light

Meets Wednesday morning,  
6:30 for 7:00 am at  
Mercure Function Room  
Kent Street  
South Tamworth

### The Four-Way Test of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

### Other Clubs meet:

**Monday PM – Tamworth West**  
**Tuesday PM – Tamworth**  
**Wednesday PM - Calala**  
**Friday AM - Sunrise**

Club Officers and contact details

[President—Barry Biffin](#)

[Secretary—Liz Gill](#)

[Treasurer – Deb Barnes](#)





**Welcoming Party to meet Janni from Finland –**  
*Back Row David Hinwood, Jane Bradford, Liz Gill, Barry Biffin, Paul Stevenson and Sue O'Connor*  
*Front Row Janni from Finland, Susie Stevenson and Marina Hearne*  
*(Jordan busy taking pictures)*



*Janni Sievanen from Finland*



## WEEKLY ROSTER FOR BOTH CLUB AND POST OFFICE RAFFLE

	24 July 2019	31 July 2019	7 August 2019
<b>Topic</b>	<b>Robert Chandler - Plant a tree in Tamworth</b>	<b>Steve Martin The Flying Doctor Service</b>	<b>Peter Ryan Technology</b>
<b>Sergeants</b>	Mandy Fisher Steve Martin	Mandy Fisher Steve Martin	Mandy Fisher Steve Martin
<b>Corporals</b>	Paul Stevenson Brian Thompson	Lesley Hood Ian Howle	Les Jacob Brian Logan
<b>Meeter &amp; Greeter</b>	John Treloar	Anne Jacob	Rob Clifton
<b>Door Team</b>	Naomi Blakey Graham Dooley	Dennis Johnson Phil Penman	Louise Matthews Dennis Maunder
<b>President Assist</b>	Phil Knight	Peter Ryan	Sue O'Connor
<b>Visitor Assist</b>	Laurie Heame	Terry Robinson	Brett White
<b>Welcome</b>	Richard Hardwick	Marina Lawrence	Steve Massey
<b>Bulletin Notes</b>	Michael Smith	Peter Leonard	David Hinwood
<b>Introduction</b>	Michael Smith	Peter Leonard	David Hinwood
<b>Vote of Thanks</b>	Bruce Hemmett	Phil Lyon	Peter Bell
<b>POST OFFICE RAFFLE – FRIDAYS - 6:30 – 7:30PM</b>			
<b>26 July</b>	<b>2 August</b>	<b>9 August</b>	<b>16 August</b>
David Hinwood Marina Lawrence	Marina Lawrence Steve Massey	Steve Massey Phil Penman	Phil Penman Rob Clifton
<b>BIRTHDAYS, ANNIVERSARIES AND INDUCTIONS</b>			
<b>Members Birthdays</b>	Nil		
<b>Partners Birthdays</b>	Janet Treloar (30/07)		
<b>Anniversaries</b>	Nil		
<b>Club Induction</b>	Nil		
<b>Attendance</b>	71%		
<b>Make-Ups</b>			
<b>Visiting Rotarians</b>	Adam Scarff (Taree North)		
<b>Visitors</b>	Lachlan Butters (Richard Walker's grandson)		
<b>Heads &amp; Tails</b>	Paul Stevenson		
<b>Raffle</b>	Skinner		

