



# Rotary Club of Tamworth First Light



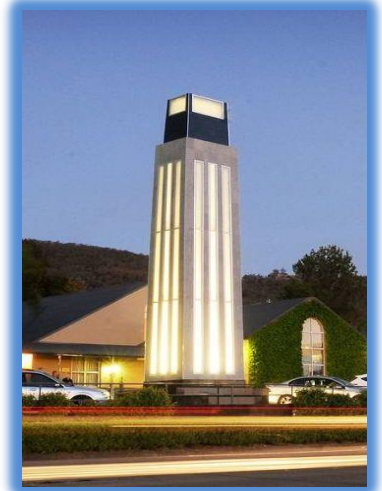
**2019-2020**

District Governor [Phil Hafey](#)

President: [Barry Biffin](#)

Secretary: [Liz Gill](#)

Treasurer: [Deb Barnes](#)



**MEETING 1459**

**WEDNESDAY 10 JULY 2019**



*Sunrise just "touching" the Cockatoo - beautiful - thank you David Hinwood*

## IMPORTANT DIARY DATES

Saturday, 13 July at 8:30PM – West Legends Lounge – Ashleigh Dallas – our very own “Songbird”

Saturday / Sunday – 17 & 18 August – MERV Van at Bunnings

Saturday, 27 June 2020 – D9650 Changeover

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### ASHLEIGH DALLAS – MEMBERS PLEASE NOTE AND SUPPORT OUR SPECIAL “SONGBIRD”

I am so excited to be on the countdown of the release of my 4th album Reflection.

It only felt right to launch this new chapter of my career here in my Hometown of Tamworth at the

**Toyota Hats Off to  
Country Festival  
at West Tamworth Leagues  
Club**

**Legends Lounge on Saturday,  
13 July - 8:30pm**

I would be thrilled if you would join me in celebrating my new album and hope to see you at my show.

Many thanks

Ashleigh and the Dallas Family

[www.ashleighbdallas.com.au](http://www.ashleighbdallas.com.au)



## Ashleigh Dallas REFLECTION

RELEASED GLOBALLY JULY 12

Multiple **Golden Guitar Winner Ashleigh Dallas** is setting 2019 to be her biggest year yet with the release of her 4th Album

**'Reflection'**

This new record follows her Golden Guitar award winning **Traditional Country Album** of the year **Lighthouse** which made country music history as the Dallas family are the first country music family that shares **3 generations of Golden Guitars**.

Please take this opportunity to accept Ashleighs **Invitation** to her **Hometown Launch** of **Reflection** at the **Toyota Hats Off To Country Festival**

**SATURDAY 13th JULY 8:30pm**

**WEST TAMWORTH LEAGUES CLUB - LEGENDS LOUNGE**

For more information or Media enquiries please contact

[ashleighbdallasmusic@outlook.com](mailto:ashleighbdallasmusic@outlook.com)

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## Quote of the week

*Nobody cares how much you know,  
until they know how much you care.*

Attributed to Theodore Roosevelt

## BARRY'S BRIEFINGS

WEDNESDAY, 3 JULY 2019

- I promise the National Anthem presentation will work next week (I will turn the microphone off) and the chook raffle will return (oops).
- Board meeting next week 5.30 at Diggers 9th July.
- Please if you know that you will be away or unable to fill roster positions can you please arrange a replacement person.
- The committee list is being prepared and will be available after the board meeting next week.
- Not sure if you want to include the Rotary months calendar. Let me know if you do not have it.
- The MERV van is organised for the 17 - 18 August at Bunnings, Richard Walker has the details.
- The first combined Presidents' meeting is scheduled for 1 August, if any one has any thing that you would like to be raised at this meeting please let me know.
- I am personally very happy with the venue change and hope most feel the same way.
- Thank-you Phil for sharing your poem.
- Have included the link below, if any one wishes to donate to this very worthy cause, as Jeff said this morning all funds raised go to directly keeping the Helicopters flying.

<https://droversrun2019.gofundraise.com.au/page/JudithBarryBiffin>

Any questions or concerns on this please give me a call or email.

Regards

**BARRY BIFFIN**

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## A MATTER OF PROTOCOL AND A QUESTION?

### Protocol

**Members** – just a reminder if you are going to be away for a week or more travelling around Australia or overseas or even just staying away but having “time out” at home – could you please remember to notify our Club Secretary with the relevant details. This means that all time away is channelled through one area and the Club Secretary can then keep relevant people such as the Program Manager, Bulletin Editor, Membership Director, Welfare Officer/s and Executive Secretary informed where applicable.

### Question?

Currently the **Bulletin** provides a three-week Roster for the Club's weekly meetings which is deemed adequate and provides enough time for members to replace themselves – if they are going to be away for that week or weeks.

However, the **Post Office Raffle** – almost as important has up to seven weeks (currently six weeks) Roster – can anyone explain why?

Surely a three-week Roster as with Weekly duties is an adequate amount of time to find a replacement for oneself? This question will be asked at this Wednesday's meeting – please think about it – the longer length of time requires constant changes, the shorter length fewer changes!!

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**Story Written By:**  
Daniela Garcia  
Apr. 17, 2019

Polio, and the lifelong paralysis it can cause especially in young children, became preventable when Dr. Jonas Salk introduced the polio vaccine in 1955. Since Rotary and its partners in the [Global Polio Eradication Initiative](#) took on the fight against polio, they have developed systems to facilitate both immunizations and eradication.

This polio eradication infrastructure helps get us closer to a polio-free world. But did you know that it's used to fight and protect against other diseases, too? Here are five examples of the polio infrastructure at work:

### **THE COLD CHAIN**

The polio vaccine must be kept cool, or it risks losing its effectiveness. The cold chain system — made up of freezers, refrigerators, and cold boxes — was developed to allow polio workers to store the vaccine and transport it over long distances in extremely hot weather. In Pakistan, a measles immunization program now relies on the same system. With the help of the cold chain, Sindh province recently reached its goal of immunizing more than 7.3 million children against measles.

### **MICROPLANNING**

A critical component in immunizing more children against polio, especially in remote regions, is microplanning. A microplan allows health workers to identify priority communities, address potential barriers, and develop a plan for a successful immunization campaign. The workers collect as many details as possible about communities to help them reach and vaccinate all of the children, and this strategy has helped keep India polio-free for five years. Now the Mewat district of India is using microplanning to increase its rates of vaccination against measles and rubella.

### **SURVEILLANCE**

The polio surveillance system helps detect new cases of polio and determines where and how these cases originated. Environmental surveillance, which involves testing sewage or other environmental samples for the presence of poliovirus, helps workers confirm polio cases in the absence of symptoms like acute flaccid paralysis (AFP). In Borno state in Nigeria, the AFP surveillance system is now being used to find people with symptoms of yellow fever and was one of many tactics used during a 2018 yellow fever outbreak that resulted in the vaccination of 8 million people.



## CONTACT TRACING

Because polio is a transmittable disease, health workers use contact tracing to learn who has come in contact with people who might be infected. Contact tracing was also critical to containing an Ebola outbreak in Nigeria in 2014. When a traveller from Liberia was diagnosed with Ebola, Nigerian officials were able to quickly trace and isolate the traveller's contacts, helping prevent the disease from spreading further.

## EMERGENCY OPERATIONS CENTERS

An important part of the polio infrastructure that Rotary and its partners have built is the emergency operations centers network. These centers provide a centralized location where health workers and government officials can work collaboratively and generate a faster, more effective emergency response. The emergency operations center in Lagos, Nigeria, which was originally set up to address polio, was adapted to handle Ebola, and it ultimately helped the country respond quickly to an Ebola outbreak. Only 19 Ebola cases were reported, and the country was declared Ebola-free within three months.

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## UP TO THE KIMBERLEY

Up to the Kimberley they said – we'll be camping.

I must need my ears cleaned, sure they said glamping

So, packing to travel I gathered the musts - make up, hair dryer, night wear for lust

Full of excitement I boarded the bus, bit squishy I thought but don't make a fuss

"The roads might be bumpy" she said with a smile

She just didn't tell us it was for mile after mile.

Arriving at campsite reality hit -

No cabins, no ensuite I felt such a nit - I had in my luggage four pairs of white pants

I looked at the others - they were all wearing shants

High fibre camp dinner and then it was bed - a swag on the floor not much for the head

I lay on the floor and I turned and I tossed - and when nature called my head-torch I'd lost

I crawled on all fours till I got to the door - tried to zip softly then unzipped some more

Stood on a cat head but hey I'm so brave I wouldn't dare yelp - self-respect I would save!

But slowly I mastered the tent and the swag - got used to the fact that I looked such a dag

I battled the gorges with footwear unsuited –

Next time I'll make sure that my tootsies are booted.

The days were delightful the nights not so much - I felt like a rabbit locked in a hutch.

But all the discomfort is worth it so true! You don't see the best with a luxury crew.

So, forget all the others, the coach or the cruise –

Get down and dirty, embrace the odd bruise.

Discover the Kimberley as it's meant to be – travel along with two guides G and T.

By Robyn Penman

**Note:** Thank you for the warning – we will know what to take if the opportunity arises plus plenty of Gin and Tonics to ease the aches and pains....

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# Westpac Rescue Helicopter Service Drover's Run 2019



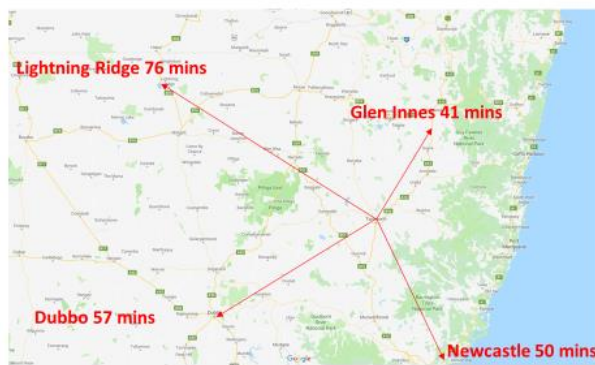
## Now 24-7 throughout Northern NSW

Operating 24-7 from 3 bases in Belmont, Tamworth and Lismore to service a region from the Hawkesbury River to the QLD border.



## Rapid emergency response

Approximate flight times in the AW139



Privately supported by 

Map source: Google Maps

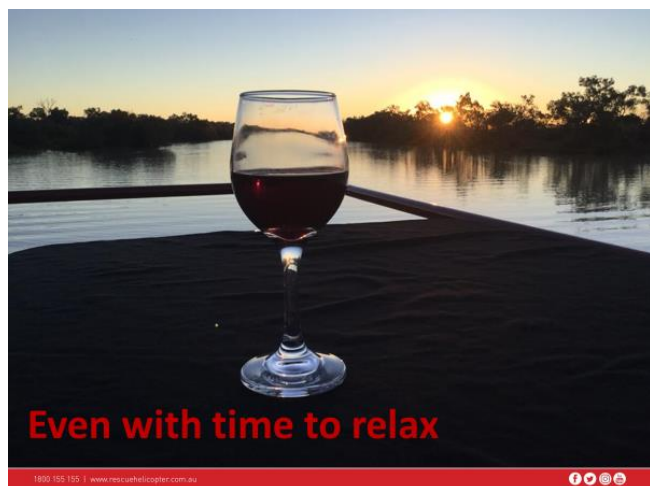
1800 155 155 | www.rescuehelicopter.com.au



## Visiting iconic places

1800 155 155 | www.rescuehelicopter.com.au





Even with time to relax



Phil Knight thanking Jeff Galbraith for a particularly interesting talk – Pictures speak louder than words and the variety of questions being asked at the end indicated just how much curiosity had been raised by both the speaker and the pictures. Anticipating some 50 x 4WD vehicles this year and like other excursions – the Variety Bash etc– all monies have to be paid upfront. This is a two-week trip

2020 will have a nine-day trip via Cunnamulla north into Queensland and back – am sure

some would be very interested in this trip already!

PS There will be five mechanics available on this trip plus medical support – to date have not had to use the Rescue Helicopter Service to winch any one out!

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# Tough new drink driving laws are a wake-up call



From today, low range drink driving offenders can now immediately lose their licence. As of 20 May 2019, certain penalties will apply to drivers who commit a first-time, lower-range drink-driving offence (which can include low, special and novice range drink-driving offences).

Drivers who commit a lower-range drink-driving offence for the first time will have their licence suspended immediately, effective for three months. This will be coupled with a significant fine of \$561. The same applies for drug driving.

- Low range PCA: blood alcohol concentration of 0.05 to less than 0.08
- Novice range PCA: blood alcohol concentration more than zero for learner, P1 or P2 driver
- Special range PCA: blood alcohol concentration over 0.02 for special category drivers (taxi drivers, bus drivers, drivers of vehicles carrying dangerous goods).

These [drink driving reforms](#) passed NSW Parliament in September last year and we recently surveyed our Members about these penalties.

Our survey found that over two-thirds of people support this new law. Support is even higher (76%) in regional areas. Over 700 participants responded to questions about the new drink driving reforms.

“Far too many people were caught drink driving and were getting off with little more than a slap on the wrist. These new rules reflect the community’s attitudes towards the dangers of drink and drug driving,” says the [NRMA](#)’s Dimitra Vlahomitros.

Under the new laws, simpler and more certain penalties will also apply for drug drivers. Offenders who drive with the presence of illicit drugs for the first time will receive a \$561 fine and a three-month licence suspension if the offence is confirmed by laboratory analysis.

“Alcohol related crashes claimed the lives of at least 68 people on NSW roads last year, accounting for nearly one in five road deaths, including 55 lives lost on country roads. Fatalities from crashes involving a drug driver accounted for similar numbers of deaths.”

Assistant Police Commissioner Michael Corboy said this reform will protect all road users by ensuring swift and certain penalties.

“Alcohol is one of the major factors in crashes that kill or injure people on NSW roads. The 0.05 blood alcohol limit has been in place for almost 38 years. There are no more excuses,” Assistant Commissioner Corboy said.

The NRMA recently released [Still Smashed](#) prior to last year’s Christmas party season to remind revellers of the risk of drink driving. The report found that almost one-quarter (23%) of drinkers believed they were still over the legal limit the next morning and an alarming one-in-four (27%) of those still got behind the wheel.

It’s been over 40 years since the NRMA launched the state’s first ever education campaign to tackle drink driving and there is still a lot of work to be done to save lives.

Courtesy of the NRMA

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## . The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### Rotary Grace

O Lord and giver of all good  
We thank Thee for our daily food  
May Rotary Friends and Rotary ways  
Help us to serve Thee all our days

### Tamworth—First Light

Meets Wednesday morning,  
6:30 for 7:00 am at  
Mercure Function Room  
Kent Street  
South Tamworth

### The Four-Way Test of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

### Other Clubs meet:

Monday PM – Tamworth West  
Tuesday PM – Tamworth  
Wednesday PM - Calala  
Friday AM - Sunrise

Club Officers and contact details

[President—Barry Biffin](#)

[Secretary—Liz Gill](#)

[Treasurer – Deb Barnes](#)

10 July 2019

17 July 2019

24 July 2019



Topic	Brian Thompson – Profile & Changes in Rotary	Paul Stevenson New Road Rules & How to keep your licence!	Robert Chandler - Plant a tree in Tamworth.
Sergeants	Mandy Fisher Steve Martin	Mandy Fisher Steve Martin	Mandy Fisher Steve Martin
Corporals	Rob Clifton Marina Lawrence	Brodie Shields Rob Sharp	Paul Stevenson Brian Thompson
Meeter & Greeter	Peter Leonard	Michael Smith	John Treloar
Door Team	Brian Logan Phil Lyon	Mitch Soree Maureen Thornton	Naomi Blakey Graham Dooley
President Assist	Louise Matthews	James Treloar	Peter Ryan
Visitor Assist	Dennis Maunder	Richard Walker	Laurie Heame
Welcome	Glenn McIntosh	Chris Watson	Richard Hardwick
Bulletin Notes	Michael O'Connor	Peter Bell	Michael Smith
Introduction	Michael O'Connor	Peter Bell	Michael Smith
Vote of Thanks	Sue O'Connor		Bruce Hemmett
<b>PO Raffle</b>	<b>12 July</b>	<b>19 July</b>	<b>26 July</b>
NOW @ 6.30	Barry Biffin Brodie Shields	Brodie Shields Richard Walker	David Hinwood Marina Lawrence
	<b>2 August</b>	<b>9 August</b>	<b>16 August</b>
	Marina Lawrence Steve Massey	Steve Massey Phil Penman	Phil Penman
<b>Birthdays, Anniversaries and Inductions</b>			
<b>Members Birthdays</b>	Barry Biffin (12/07); Michael Smith (15/07)		
<b>Partners Birthdays</b>	Leigh Howle (12/07); Kerry Johnson (15/07); Sue Robinson (15/07)		
<b>Anniversaries</b>	Nil		
<b>Club Induction</b>	Les Jacob (14/07 – 26yrs)		
<b>Attendance</b>	76%		
<b>Make-Ups</b>			
<b>Visiting Rotarians</b>	PP Richard Chaffey (Tam West)		
<b>Visitors</b>	Julie Crosby, Jeff Galbraith		
<b>Heads &amp; Tails</b>	Skinner		
<b>Raffle</b>	N/A		