



## Rotary Club of Tamworth First Light

**2018-19**

**District Governor:** Lorraine Coffey

**President:** John Worldon

**Secretary:** Liz Gill

**Treasurer:** Deb Barnes



**Meeting 1433**

**Wednesday 19 December 2018**



*What a fabulous photo to end the year.....*

*Sheba Dam - thank you David Hinwood*

*We have a two-week break - could our wonderful Club photographers be exceptionally busy and provide us with a brilliant range of photos for the next six months, please!!*

## BULLETIN CONTENTS

- Front cover – brilliant photos by members
- Diary Dates **please check**
- Quote of the Week
- World's Week in Rotary
- **Rosters – please check – more changes**

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## DIARY DATES TO REMEMBER – (Computer or Paper)

**19.12.2018 - Christmas at Diggers** – bring an unwrapped present or food for the Salvation Army to utilise in hampers for families – any queries please contact Marina Lawrence on 0403 759 148 or marina.lawrence4@gmail.com

## Christmas / New Year Festive break 21.12.2018 - 08.01.2019

### 2019

**09.01.2019** – Anzac Park for our first Meeting in 2019

**16.01.2019** – Hopscotch

**23.01.2019** – Jamaica Blue at 8:00AM for coffee / tea / hot chocolate

**15 – 16.02.2019** **Regional Waste Warriors Expo** – further details to follow

**16 & 17 February, Saturday and Sunday** – further details to follow

President Elects Training (Incoming Secretaries are also invited), Tamworth.

**08 – 10.03.2019** – District 9650 Conference in Armidale

**10 – 14 03 2019** – Central West Golf, Food and Wine Trip

**19 – 22.03.2019** **Science & Engineering Challenge**

**31.03.2019 – 06.04.2019 – ROTARY YOUTH LEADERSHIP AWARDS (RYLA)** – start looking for an employee **NOW who you know** would gain from the opportunity – *don't leave till last minute*

**15.05.2019** - Wednesday – Careers Expo

**15.06.2019** – Saturday – Club Changeover

**29.06.2019** – Saturday – D9650 Changeover

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## Quote of the Week

*'Everyone is gifted. Not everyone has opened their package.'*

anon

## WORLD'S WEEK IN ROTARY 12 DECEMBER 2018

Welcome to our Club Philip Knight as our newest member. I look forward to getting to know you and your wife Sally better, and I look forward to hearing your personal profile when our Program Manager Sue O'Connor gets it scheduled.

Naomi Blakey did a great job organising our Putt Putt Christmas Party. Thank you Naomi. There are quite a number of excellent putters in our midst, and they are not all from our regular golfing ranks! Thank you Liz Gill, for your wonderful hospitality after the Putt Putt.

Michael Johnson generated great interest with his presentation about Bridge, U3A and the Value of Learning. His Maxine cartoons clearly demonstrated what can happen without enough learning!

The outcomes from this week's Board Meeting can be summarised as follows:

- + Welcome to Naomi Blakey and her first meeting as Youth Director.
- + The opportunity exists for our Club to become involved in the Dolly Parton Imagination Library Project, and additional details will follow.
- + The Club Foundation (as opposed to the Rotary Foundation) is now an item of discussion for our Club. This item does have a degree of sensitivity about it, although it is very important to our Club going forward.
- + Bookings are now open for next year's Careers Expo.
- + Our Club is to register for the Clean Up Australia Day on Sunday 3rd March.
- + Due to the unavailability of sufficient funds, there will not be any mid-year distributions to community organisations.
- + Chris Watson is organising his last Santa Crawl this year.

John Worldon

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Welcome to Rotary and our Club's newest member – Phil Knight (wife Sally is also a keen golfer)

President John Worldon

PP Phil Penman

What a happy trio of enthusiastic golfers!!!



Recovering and happily relaxing after Putt Putt golf on Liz Gill's back lawn till the wee small hours



## TOPIC – BRIDGE – WHY PLAY??

Michael Johnson was born at Tamworth Base Hospital, lived a lot of his life in Uralla, before heading into the teaching profession. He's been in Tamworth for 33 years, where he taught at Tamworth High School, he retired from there seven years ago. Michael is “well-known” around NSW teaching the card game, “Bridge”. He volunteers with Tamworth U3A teaching bridge. He's been playing bridge for 32 years, and it takes four to play the game...

He asked us all...“Why Should We Play Bridge”? ... “What are the benefits?”

Those who play bridge more frequently score higher on the cognitive tests. It remains rewarding, if sometimes a vexing pursuit for the retired professional or two and possibly teaches “patience” as well.

He says playing cards gives you an intellectual and social stimulation on a routine basis. For bridge you use memory, visualization and sequencing. It prevents the onset of classic depression, it is an intellectual challenge, the problem-solving satisfaction that makes bridge so effective, it can improve memory and thinking, it also helps short term memory loss. Bridge can help older people retain their mental sharpness - teaches logic, quick thinking, concentration and “partnership skills”

Michael kept everyone very enthralled, so much so, that there were quite a wide variety of questions being asked at the end of his talk - possibly, just possibly - think many of our Rotarians might join U3A to learn how to play bridge and to sharpen their skills!!!



Sue O'Connor thanking our guest speaker – Michael Johnson for a great introduction to the University of the Third Age (U3A) and playing Bridge in a light-hearted manner. Michael kindly reminded us that First Term will see U3A in the old Parry Shire Council Building – possibly for at least another three (3) years. He also thanked John Treloar for the use of the top floor – been wonderful just having a “permanent” venue

Thank you Lesley Hood for you notes.....

	19 December 2018	9 January 2019	16 February
<b>Topic</b>	<b>Christmas Breakfast AND SANTA</b>	<b>Anzac Park</b>	<b>Hopscotch</b>
<b>Door Team</b>	Dennis Johnson Paul Stevenson	Peter Ryan David Hinwood	
<b>Meeter &amp; Greeter</b>	Dwone Jones		
<b>Welcome</b>	Louise Matthews		
<b>President Assist</b>	Val Hellmann		
<b>Visitor Assist</b>	Paul Crosby		
<b>Corporal Assist</b>	Les Jacob		
<b>Bulletin Notes</b>	Terry Robinson		
<b>Introduction</b>	Terry Robinson		
<b>Vote of Thanks</b>	Richard Hardwick		
<b>PO Raffle</b>	<b>21 December</b>	<b>1 February 2019</b>	<b>8 February</b>
<b>at 6:30 PM</b>	Brodie Shields Mandy Fisher	Peter Bell Steve Hawkins	Peter Bell Peter Ryan
<b>15 February</b>	<b>22 February</b>	<b>1 March</b>	<b>8 March</b>
<b>Corporals for December</b>		<b>Corporals for - February</b>	
Graham Dooley & Bruce Hemmett		Tom Hellmann & Namoi Blakey	
<b>Birthdays, Anniversaries and Inductions</b>			
<b>Members Birthdays</b>			
<b>Partners Birthdays</b>			
<b>Anniversaries</b>			
<b>Club Induction</b>			
<b>Attendance</b>	73%		
<b>Make-Ups</b>			
<b>Visiting Rotarians</b>	Nil		
<b>Visitors</b>	Terry Little, Les Dowe, Phil & Sally Knight		
<b>Heads &amp; Tails</b>	Les Dowe		
<b>Raffle</b>	Skinner		

## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### Rotary Grace

O Lord and giver of all good  
We thank Thee for our daily food  
May Rotary Friends and Rotary ways  
Help us to serve Thee all our days

### Tamworth—First Light

Meets Wednesday morning,  
6:30 for 7:00 am at  
West's Diggers  
Kable Avenue  
TAMWORTH NSW 2340  
Phone: 02 6766 4661

### The Four-Way Test

**Of the things we think, say or do**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

### Other Clubs meet:

**Monday**  
**Tuesday**  
**Wednesday**  
**Friday**

Club Officers and contact details

**President—John Worldon**

[president@tamworthfirstlight.org.au](mailto:president@tamworthfirstlight.org.au)

**Secretary—Liz Gill**

[secretary@tamworthfirstlight.org.au](mailto:secretary@tamworthfirstlight.org.au)

**Treasurer – Deb Barnes**