



## Rotary Club of Tamworth First Light

**2018-19**

**District Governor:** Lorraine Coffey

**President:** John Worldon

**Secretary:** Liz Gill

**Treasurer:** Deb Barnes



Meeting 1422      Wednesday 26 September 2018

### Quiz for the day



Can you spot the difference, you will have to look closely, well, the answer is, one is Tap Dancing and the other doing Ballet?

## BULLETIN CONTENTS

- Front cover – spot the difference
- Diary Dates **please check**
- Quote of the Week
- World's Week in Rotary
- **Rosters – please check**

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## DIARY DATES TO REMEMBER – (Computer or Paper)

**05 / 06.10 2018** – Friday and Saturday - **MHERV**

**10.10.2018** – Vocational visit to Tamworth Hospital plus “Lift the Lid on Mental Health” – please wear your favourite hat to breakfast this morning plus gold coin donation

**19.10.2018** – Friday – First Light Rotary Golf Day – details to follow

### 2019

**08 – 10.03.2019** – District 9650 Conference in Armidale

**10 – 14 03 2019** – Central West Golf, Food and Wine Trip

**19 – 22.03.2019 Science & Engineering Challenge**

**31.03.2019 – 06.04.2019 – ROTARY YOUTH LEADERSHIP AWARDS (RYLA)** – start looking for an employee **who you know** would gain from the opportunity – *don't leave till the last minute*

**15.05.2019** - Wednesday – Careers Expo

**15 06 2019** – Saturday - Club Changeover

**29.06.2019** – Saturday – D9650 Changeover

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Volunteers required to assist on Friday and Saturday – 5 / 6 October from 10:00am – 04.00pm – shifts of two hours each

Please contact Marina Lawrence if you are able to assist – [marina.lawrence4@gmail.com](mailto:marina.lawrence4@gmail.com)

or 0403 759 148



RFBI Tamworth Masonic Village  
14–16 Kitchener St. Tamworth

## FREE MEN'S HEALTH CHECKS



Join us on  
5th October 10–4pm  
for RFBI Tamworth  
Masonic Village's  
Open Day, with  
activities and a tour of  
our village.

**5 & 6 October | 10–4pm**

It's dry out there...but it WILL rain! You need to be around to 'fight' another day when it does, so check to be sure your health is as good as you think it is! If you don't remember when you last had a checkup, it's time!

**Get checked ... see mherv! ... its FREE**

- Come along 5–6 October between 10–4pm to get a checkup, including:
- Blood pressure just to check the heart isn't too stressed.
  - Blood sugar levels...just a pin-prick in the finger, to make sure there's no type two diabetes...which is manageable even if there is.
  - Cholesterol...just another pin-prick to see if levels are high and need attention.



**Quote of the Week**

'Of all forms of capital, knowledge yields the most interest.'

Anonymous

## **WORLD'S WEEK IN ROTARY 19 SEPTEMBER 2018**

It was an absolute delight to have past member Garnet Wood attend our meeting, and to be presented with the certificate naming him as a Ruby Companion of Australian Rotary Health '...in recognition of the tangible and significant support given for the development of research through Australian Rotary Health'. Congratulations Garnet!

After a break of thirteen years, the Rotary Open of Tamworth is being held again this year on Friday 19<sup>th</sup> October at Tamworth Golf Club. Please contact Michael Smith, Dennis Maunder or Deb Barnes for further information.

John Worldon

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## **Australian Rotary Health Ruby Companion**

The Board of Australian Rotary Health awards individual or corporations who made a contribution to outstanding service to Australian Rotary Health. The award is the second highest presented of meritorious service, after Life Membership (which ARH bestows). Recipients are presented with a framed certificate and commemorative pin.

This week our very own Garnett Wood was presented with the Australian Rotary Health Ruby companion for such service. For about 25 years Garnet has been testing and organising the Bowelscan project in the Tamworth area, these tests in Rotary district 9650 have aided in the detection of 800 to 1000 bowel cancers and 3500 to 4000 precancerous polyps.

District 9650 Bowelscan committee sends to Australian Rotary Health the profits from these kits, which allows PHD scholars to continue their medical research.

This RUBY COMPANION is for recognition of Garnet's efforts over the years.

The amount in Garnet's name represents \$20,000

The Award was made Ian Howle, for his 25 year of service to the Bowel screening project in Tamworth and the northwest. A very worthy recipient, congratulations.



## Guest speaker Peter Ryan on Winning the Business Awards Employer of Choice & Outstanding Business Leader of the Year



A big surprise, but very rewarding at the same time.

The 3 drivers for me is Family, Business & Community. I work hard on trying to get the balance right.

When you surround yourself with good people, good things happen. I have great people around me including my wife Annette, my 2 sons Marcus & James, my management team, our staff, our suppliers, our clients & the community in which we live.

I had an uncle who was a successful businessman who was a mentor and an inspiration to me. Anyone who lived in the Central West in the 80's & 90's would have heard of Frank Spice. He told me wealth is not measured on how much money you have, but how much you can borrow, the more you give the more you get which is evident in Rotary and live your life by rule 168.

One of my goals early in life was to work hard to put as much distance between myself and hardship as I could as being poor was not a lot of fun.

I come from a working-class family where I was the oldest of 5 children. While I was at school I was working at a number of jobs including mowing lawns, building push bikes & lawn mowers to sell, working at an auction house each fortnight and cleaning squash courts to fund our family's trips to squash tournaments around the state.

I even started a Pet Care business, Pete's Pet Care while at school where I would look after people's pets and houses while they went on holidays as my family rarely went on holidays.

The business and entrepreneur track started early for me.

In business I started as an office equipment technician fixing typewriters, faxes and copiers back in 1985, moved into sales 3 years later, moved to Dubbo, then Moree and settled in Tamworth in 1994.

Fast track a few years to 2003, Annette & I put everything on the line and when we went into a partnership to buy 3 Canon Office Machines business from Canon Australia being Tamworth, Armidale and Moree, then Dubbo then Orange and Bathurst Dealerships.

We did it again 2 years ago when we bought our business partners out. Now it is just Annette, me & the bank.

In business, a major focus for us is our staff which helped us in winning the Employer of Choice Award. Management of staff is as challenging now as it has ever been as we now have 4 generations of workers in the one work place being Baby Boomers, Gen X, Gen Y & Millennials & they all need to be managed differently.

We have created a flexible work place that gives us greater access to a bigger talent pool by setting family friendly working hours and catering to the needs of the different generations. We have developed young staff through RYLA, provide internal & external training, relocation of staff to suit changing family needs as well as profit bonus pools for management & staff.

Community involvement has taught me a lot about the power of collaboration as you can't be everything to everyone. Through Rotary, Variety Bash & Postie Dash, President of 360 Swim club, the TAG group, 10X - Regional Unlimited group, Joblink Plus Technology Committee, Canon PAC and Toshiba Dealer Council has taught me a lot about working and collaborating with lots of different people and organisations. Farmer Friday with Canon Australia a few weeks ago was amazing raising over \$25,000 in a day for our farmers.

We are Constantly learning & evolving. I have been a member of TEC401 for 15 years. TEC 401 is the only regionally based TEC group in Australia which mentors and trains CEO's and business leaders within the region. Our TEC chair was just awarded best TEC chair in Australia 2 weeks ago.

Our promise inside & outside the business is "We Make It Right" –I borrowed this from RJ Young Nashville USA. It is Simple & powerful

We look at current & future business models that work in USA and see if they can be applied to our business in Australia. - RJ Young, Documation & Marco are regionally based technologies companies in USA and are 2nd & 3rd generation businesses.

We established our own finance company this year to manage key supplier risks and provide modern alternatives to acquiring technologies for our clients. Annette & I have built a property portfolio to allow us to leverage & grow our businesses which will allow us to take advantage of future opportunities as they arise.

Our Current business focus - Eliminate, Automate & Allocate Create capacity for expansions & acquisitions. Even in tough times, this region is a great place to do business. We are off to Armidale on Friday night as we have progressed to the regional awards as the 2 categories we were successful in our State aligned categories.

**I will leave you with 3 thoughts**

**You can't sour with the eagles when you feed with the turkeys.**

**Dare to dream, don't set your own glass ceiling.**

**Have fun and enjoy the journey. If you do this the destination will look after itself.**

Thank you.





After a break of 13 years the Rotary Club of Tamworth First Light is bringing back **“The Rotary Open of Tamworth”**

- Friday 19<sup>th</sup> October 2018
- Tamworth Golf Club
- \$40 per person
- 12:00pm Shotgun Start
- Individual Stableford in conjunction with 4-man Aggregate
- Book and pay at the Pro Shop with Brock Sampson, individually or as a team of 4 – phone 6765 9980
- Sponsor a hole for \$100

**Further information:**

**Michael Smith – 0408 230 211**

**Dennis Maunder – 0428 456 017**

**Deb Barnes – 0411 770 552**

# Let's LIFT THE LID on MENTAL ILLNESS

with Australian Rotary Health



Celebrate with us on **World Mental Health Day - October 10**  
or any time during Mental Health Month in October  
**1 in 5 Australians suffer a mental illness every year.**  
**Open up the conversation and help break the stigma**

[www.australianrotaryhealth.org.au](http://www.australianrotaryhealth.org.au)



	<b>26 September</b>	<b>3 October</b>	<b>10 October</b>
<b>Topic</b>	<b>Simon Haggarty Goonoo Goonoo</b>	<b>Mandy Fisher Personal Profile</b>	<b>Vocational Visit Tamworth Hospital &amp; HAT DAY</b>
<b>Door Team</b>	Val Hellmann Dwone Jones	Chris Watson Peter Leonard	Louise Matthews Dennis Maunder
<b>Meeter &amp; Greeter</b>	Tom Hellmann	Helen Tickle	
<b>Welcome</b>	David Hinwood	Steve Massey	
<b>President Assist</b>	Lesley Hood	Paul Crosby	
<b>Visitor Assist</b>	Ian Howle	Bruce Hemmett	
<b>Corporal Assist</b>	Paul Stevenson	Anne Jacob	
<b>Bulletin Notes</b>	Namoi Blakey	Dennis Johnson	
<b>Introduction</b>	Namoi Blakey	Dennis Johnson	
<b>Vote of Thanks</b>	Marina Lawrence	Les Jacob	
<b>PO Raffle</b>	<b>28 September</b>	<b>5 October</b>	<b>12 October</b>
<b>at 6:30 PM</b>	Steve Hawkins Peter Bell	Peter Bell Brian Thompson	Brian Thompson John Treloar
<b>19 October</b>	<b>26 October</b>	<b>2 November</b>	<b>9 November</b>
John Treloar John Rouvray	John Rouvray Glenn McIntosh	Glenn McIntosh Phil Lyon	Phil Lyon Phil Penman
<b>Corporals for September</b>		<b>Corporals for October</b>	
John Treloar & Chris Watson		Robert Clifton & Brian Logan	
<b>Birthdays, Anniversaries and Inductions</b>			
<b>Members Birthdays</b>			
<b>Partners Birthdays</b>			
<b>Anniversaries</b>			
<b>Club Induction</b>			
<b>Attendance</b>	79%		
<b>Make-Ups</b>	Dimity Betts, Tom Hellman.		
<b>Visiting Rotarians</b>			
<b>Visitors</b>	Garnett Wood (ex-Charter Member)		
<b>Heads &amp; Tails</b>			
<b>Raffle</b>			

## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### Rotary Grace

O Lord and giver of all good  
 We thank Thee for our daily food  
 May Rotary Friends and Rotary ways  
 Help us to serve Thee all our days

### The Four-Way Test

#### Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

### Tamworth—First Light

Meets Wednesday morning,  
 6:30 for 7:00 am at  
 Wests Diggers  
 Kable Avenue  
 TAMWORTH NSW 2340  
 Phone: 02 6766 4661

Club Officers and contact details

#### President—John Worldon

[president@tamworthfirstlight.org.au](mailto:president@tamworthfirstlight.org.au)

#### Secretary—Liz Gill

[secretary@tamworthfirstlight.org.au](mailto:secretary@tamworthfirstlight.org.au)

**Treasurer – Deb Barnes**

### Other Clubs meet:

<b>Monday</b>	Tamworth West, West Tamworth Bowling Club, 6:30pm
<b>Tuesday</b>	Tamworth Rotary Club, Service Club, 6:15pm
<b>Wednesday</b>	Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm
<b>Friday</b>	Tamworth Sunrise, Sanctuary Inn, 7:00am