



# Rotary Club of Tamworth First Light

**2018-19**

**District Governor:** Lorraine Coffey

**President:** John Worldon

**Secretary:** Liz Gill

**Treasurer:** Deb Barnes



**Meeting 1421      Wednesday 19 September 2018**

Trying to motivate myself to do the Rotary Bulletin this week, maybe a bad taste joke to get the District Governor offside, those were the days.



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## DIARY DATES TO REMEMBER – (Computer or Paper)

**05/06.10 2018** – Friday and Saturday - **MHERV**

**10.10.2018** – Vocational visit to Tamworth Hospital plus “Lift the Lid on Mental Health” – please wear your favourite hat to breakfast this morning plus gold coin donation

**19.10.2018** – Friday – First Light Rotary Golf Day – details to follow

**2.11.2018** - Guess who's coming to Dinner

**1.12.2018**- Club Christmas Party

### 2019

**16.02.2019**- Trivia night

**08 – 10.03.2019** – District 9650 Conference in Armidale

**10 – 14 03 2019** – Central West Golf, Food and Wine Trip

**19 – 22.03.2019 Science & Engineering Challenge**

**31.03.2019 – 06.04.2019 – ROTARY YOUTH LEADERSHIP AWARDS (RYLA)** – start looking for an employee **who you know** would gain from the opportunity – *don't leave till the last minute*

**15.05.2019** - Wednesday – Careers Expo

**15 06 2019** – Saturday - Club Changeover

**29.06.2019** – Saturday – D9650 Changeover

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**Volunteers required to assist on Friday and Saturday – 5 / 6 October from 10:00am – 04.00pm – shifts of two hours each**

Please contact Marina Lawrence if you are able to assist – [marina.lawrence4@gmail.com](mailto:marina.lawrence4@gmail.com)

or 0403 759 148

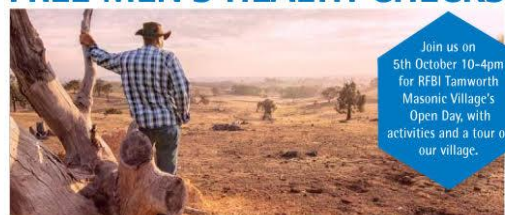


Tamworth  
Masonic Village  
Residential Care, Retirement Living & Care at Home

mherv  
men's health education rural visit  
men's health education rural visit  
a rotary project

RFBI Tamworth Masonic Village  
14–16 Kitchener St. Tamworth

## FREE MEN'S HEALTH CHECKS



Join us on  
5th October 10–4pm  
for RFBI Tamworth  
Masonic Village's  
Open Day, with  
activities and a tour of  
our village.

5 & 6 October | 10–4pm

It's dry out there...but it WILL rain! You need to be around to 'fight' another day when it does, so check to be sure your health is as good as you think it is! If you don't remember when you last had a checkup, it's time!

Get checked ... see mherv! ... its FREE 

Come along 5-6 October between 10–4pm to get a checkup, including:

- Blood pressure just to check the heart isn't too stressed.
- Blood sugar levels...just a pin-prick in the finger, to make sure there's no type two diabetes...which is manageable even if there is.
- Cholesterol...just another pin-prick to see if levels are high and need attention.



### Quote of the Week

'Success is not the result of spontaneous combustion. You must set yourself on fire.'  
Anonymous.

## WORLD'S WEEK IN ROTARY 19 SEPTEMBER 2018

This has been another very busy week in Rotary for me. Last Thursday, I attended the Combined Presidents' Meeting. On Saturday, Naomi and I shared lunch with the NYSF student Impana and her mother. The monthly meeting of our Club Board was held on Tuesday night, and then our weekly meeting on Wednesday morning. Unfortunately, I didn't make it to coffee after the meeting !

The presentation from the recipient of the Noel Park Award, James Treloar, was excellent. While James fondly related several episodes from his lengthy term as mayor, which now we can observe as amusing to say the least, I am sure they would have been deadly serious and stressful at the time. Thank you James, and also I am not sure if the brevity of your Personal Profile Update was exactly what I had in mind !

The outcomes of the Club Board Meeting on Tuesday night can be briefly summarised as follows :

- + The Treasurer reported a sound financial position.
- + Our Club will support two RYLA Candidates for 2019, on top of the Terry Burgess Bursary.
- + Our Club will sponsor Impana the NYSF student fifty percent of the cost of the program.
- + The Social Committee is meeting this week - watch this space !
- + Our Club is supporting MHERV again this year.
- + There is a Vocational Visit to the Hospital on Wed 10<sup>th</sup> Oct.
- + Longer term members will be asked to update their Personal Profiles.

John Worldon

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### With Sadness

Laurence Kenneth Andrews (partner of Annette Arthur)

Passed away suddenly while holidaying in Rome, Italy on 1st September 2018.

Loving partner of Annette Arthur,

Cherished father of Leila, Lachlan and Alisha Andrews, Step father to Joanne & Shaun Harrison, Kate & Dave Horsley and Rebecca Howat

Adored Poppy Loz to Ali, Nick, Gabbi and Caprice.

Loving brother to George, Judith, Robert and Graham.

Relatives and friends are invited to attend Laurie's funeral Service to be held in the Chapel of Coffs Harbour Crematorium & Memorial Gardens, Stadium Drive, Coffs Harbour on Friday 21st September 2018, commencing at 1.00 pm, thence for interment in the Coffs Harbour Lawn Cemetery, Karangi. "Lived a good life, gone fishing"

## Guest speaker talk

James Treloar  
Noel Park Award

Our guest speaker this week was our own James Treloar, and as is often the case, the best talks come from in house. James was recently presented with the Noel Park Award at the local Chamber awards night for his services to our community.

Luckily there were only thirty awards before hand, if there had been fifty he may have been too drunk to get to the stage, we know how those nights can drag on.

Does anyone remember when they had that Victorian guy from the Bakeries many years ago? One of the longest nights of my life.

Anyway, as per normal with James he did not really talk about his award or himself, rather his experiences within Council and local government.

James joined council in 1985 to help Tamworth Rugby club with lease negotiations, which wasn't successful?!

The Magpies might need him to join Council again to help them!!

But he had so much fun he became Deputy Mayor in 1989 and then Mayor in 1995.

Local government was going through a kind of renaissance in those days as the Local Government Act changed and presented Councils with new found "freedoms".

The Tamworth City Council was full of "colorful" characters but performed its role and moved the city ahead.

Achievements included; the development of Peel St, which still draws favorable comments today for its aesthetics.

The further development of the Country Music Festival, taking it from a country event to a 10-day festival with broader appeal was not an easy task.

The funding and building of the TRECC, a great facility with a multitude of uses.

And the establishment of AELEC, a facility we can all be proud of.

The water pipe to Barraba and many more.

But Council life also delivered its ups and downs.

James spoke of the zoning of Shopping World in West Tamworth,

His "holiday" from Council and the role of the media in the new world, where every story is an opinion rather than the story.

Did someone say fake news?

I can still recall the way the media, mostly from the south, grilled James on the Sudanese migrant topic.

It was A Current Affair reporting at its best!!

Perhaps the biggest change to Tamworth came with the amalgamation of Tamworth Council with adjoining councils in 2004.

This enabled our city to move ahead, create subdivisions, bid for larger scale projects and move into the 21<sup>st</sup> century as a business rather than a council.

But maybe he will be remembered best for his role in the 1A Murray St saga!!

Anyway, a well-deserved award to a truly community minded person.

Well done James.



**James being congratulated by Peter Hyde**

## **Westpac Helicopter Ride**

**All you Lounge Lizards lets get behind Smithy and give him our support in the upcoming cycle Challenge, Go to the link below. NOW**

Hi Guys

As you may know I am doing the Westpac Helicopter Ride September 21-27 from Tamworth to Kurri Kurri via Nundle, Ellerston, the wine country etc

I am trying to raise \$2500 to aid the Helicopter service and help keep it free for all users.

So, I am asking for your support, no matter how big or small.

Just follow the link below to donate, hopefully it works ok, if not let me know.

No obligation just do it if you can

<https://rideforthechopper2018.gofundraise.com.au/page/MichaelSmith14>

I have been training hard, well not really but I am getting fitter.

Thanks for your support, please give generously, as it's not about me it's about the Chopper service.

Michael Smith

# The Rotary Open of Tamworth”



After a break of 13 years the Rotary Club of Tamworth First Light is bringing back “**The Rotary Open of Tamworth**”

- Friday 19<sup>th</sup> October 2018
- Tamworth Golf Club
- \$40 per person
- 12:00pm Shotgun Start
- Individual Stableford in conjunction with 4-man Aggregate
- Book and pay at the Pro Shop with Brock Sampson, individually or as a team of 4 – phone 6765 9980
- Sponsor a hole for \$100

**Further information:**

**Michael Smith – 0408 230 211**

**Dennis Maunder – 0428 456 017**

**Deb Barnes – 0411 770 552**

# Let's LIFT THE LID on MENTAL ILLNESS

with Australian Rotary Health



Celebrate with us on **World Mental Health Day - October 10**  
or any time during Mental Health Month in October  
**1 in 5 Australians suffer a mental illness every year.**  
**Open up the conversation and help break the stigma**

[www.australianrotaryhealth.org.au](http://www.australianrotaryhealth.org.au)

|  | 19 September                                       | 26 September                            | 3 October                                |
|--|--|---|--|
| <b>Topic</b>                                   | <b>Peter Ryan<br/>Tamworth Business<br/>Awards</b> | <b>Simon Haggarty<br/>Goonoo Goonoo</b> | <b>Mandy Fisher<br/>Personal Profile</b> |
| <b>Door Team</b>                               | Peter Bell<br>Dimity Betts                         | Val Hellmann<br>Dwone Jones             | Chris Watson<br>Peter Leonard            |
| <b>Meeter &amp; Greeter</b>                    | Namoi Blakey                                       | Tom Hellmann                            | Helen Tickle                             |
| <b>Welcome</b>                                 | Graham Dooley                                      | David Hinwood                           | Steve Massey                             |
| <b>President Assist</b>                        | Richard hardwick                                   | Lesley Hood                             | Paul Crosby                              |
| <b>Visitor Assist</b>                          | Steve Hawkins                                      | Ian Howle                               | Bruce Hemmett                            |
| <b>Corporal Assist</b>                         | Mitch Soree  | Paul Stevenson                          | Anne Jacob                               |
| <b>Bulletin Notes</b>                          | Michael O'Connor                                   | Namoi Blakey                            | Dennis Johnson                           |
| <b>Introduction</b>                            | Michael O'Connor                                   | Namoi Blakey                            | Dennis Johnson                           |
| <b>Vote of Thanks</b>                          | Barry Biffin                                       | Marina Lawrence                         | Les Jacob                                |
| <b>PO Raffle</b>                               | <b>21 September</b>                                | <b>28 September</b>                     | <b>5 October</b>                         |
| <b>at 6:30 PM</b>                              | Brett White<br>Steve Hawkins                       | Steve Hawkins<br>Peter Bell             | Peter Bell<br>Brian Thompson             |
| <b>19 October</b>                              | <b>26 October</b>                                  | <b>26 October</b>                       | <b>2 November</b>                        |
| John Treloar<br>John Rouvray                   | John Rouvray<br>Glenn McIntosh                     | John Rouvray<br>Glenn McIntosh          | Glenn McIntosh<br>Phil Lyon              |
| <b>Corporals for September</b>                 |  | <b>Corporals for October</b>            |  |
| John Treloar & Chris Watson                    |  | Robert Clifton & Brian Logan            |  |
| <b>Birthdays, Anniversaries and Inductions</b> |  |   |  |
| <b>Members Birthdays</b>                       |  |   |  |
| <b>Partners Birthdays</b>                      |  |   |  |
| <b>Anniversaries</b>                           |  |   |  |
| <b>Club Induction</b>                          |  |   |  |
|  |  |   |  |
| <b>Attendance</b>                              | 85%  |   |  |
| <b>Make-Ups</b>                                | Dimity Betts at Manilla                            |   |  |
| <b>Visiting Rotarians</b>                      |  |   |  |
| <b>Visitors</b>                                | No Visitors  |   |  |
| <b>Heads &amp; Tails</b>                       | Ghost  |   |  |
| <b>Raffle</b>                                  |  |   |  |



## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### Rotary Grace

O Lord and giver of all good  
We thank Thee for our daily food  
May Rotary Friends and Rotary ways  
Help us to serve Thee all our days

### The Four-Way Test

#### Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

### Tamworth—First Light

Meets Wednesday morning,  
6:30 for 7:00 am at  
West's Diggers  
Kable Avenue  
TAMWORTH NSW 2340  
Phone: 02 6766 4661

Club Officers and contact details

#### President—John Worldon

[president@tamworthfirstlight.org.au](mailto:president@tamworthfirstlight.org.au)

#### Secretary—Liz Gill

[secretary@tamworthfirstlight.org.au](mailto:secretary@tamworthfirstlight.org.au)

**Treasurer – Deb Barnes**

### Other Clubs meet:

|                  |  |
|------------------|--|
| <b>Monday</b>    | Tamworth West, West Tamworth Bowling Club, 6:30pm      |
| <b>Tuesday</b>   | Tamworth Rotary Club, Service Club, 6:15pm             |
| <b>Wednesday</b> | Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm |
| <b>Friday</b>    | Tamworth Sunrise, Sanctuary Inn, 7:00am                |