



Rotary Club of Tamworth First Light

2018-19

District Governor: Lorraine Coffey

President: John Worldon

Secretary: Liz Gill

Treasurer: Deb Barnes



*The family out walking on a misty morning in Tamworth -
thank you to David Hinwood*

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DIARY DATES TO REMEMBER – (Computer or Paper)

10.10.2018 – Vocational visit to Tamworth Hospital plus “Lift the Lid on Mental Health” – please wear your favourite hat to breakfast this morning plus gold coin donation

19.10.2018 – Friday – First Light Rotary Golf Day – details to follow

2019

08 – 10.03.2019 – District 9650 Conference in Armidale

10 – 14 03 2019 – Central West Golf, Food and Wine Trip

19 – 22.03.2019 **Science & Engineering Challenge**

31.03.2019 – 06.04.2019 – **ROTARY YOUTH LEADERSHIP AWARDS (RYLA)** – start looking for an employee **who you know** would gain from the opportunity – *don't leave till the last minute*

15.05.2019 - Wednesday – Careers Expo

15 06 2019 – Saturday - Club Changeover

29.06.2019 – Saturday – D9650 Changeover

**During labor,
the pain is so
great that a
woman...
can almost
imagine what a
man feels like
when he has a cold.**



Quote of the Week

*When you know, to know that you know,
and when you do not know, to know that you do not know,
that is knowledge"*

Confucius

Meeting 1420

Wednesday 12 September 2018

WORLD'S WEEK IN ROTARY 5 SEPTEMBER 2018

HMRI?.. we may have heard of it, and perhaps knew something about it - I certainly did not know that HMRI has more than 1600 medical researchers working across Hunter New England Local Health District and the University of Newcastle! After an excellent presentation to our Club from Libby Rodgers-McPhee, we have learnt that there are many opportunities for our involvement in this wonderful organisation going forward.

It was great to have past member Graham Nuttall join us for breakfast this week. Our Club, by its nature, has experienced quite a turnover of members in its short history. I view all past members as friends of our Club who will always be welcome at our Club. This same sentiment of course also applies to our four past members who have chosen not to renew their memberships for this Rotary year, namely, Michelle Shanahan, John Fogarty, Phil Heffernan and Max Cathcart. The rich history of our Club is obviously built around the inputs and contributions from past and present members.

While on the subject of past members, please spare a thought for Annette Arthur upon the tragic loss of her partner Laurie Andrews.

John Worldon

ORIGIN OF SOME EVERY-DAY EXPRESSIONS

At Sixes and Sevens

This phrase probably evolves from dice-games and seems to have developed from a 14th century idiom *set on cinque and sice*. So originally the numbers were not six and seven but five and six, and the expression was used in connection with the elements of chance and luck in human life, rather than disorder or disagreement.

There is a far more colourful theory of the origin of the phrase, though its historical accuracy is questionable. Two of the old Livery Companies (originally the craft guilds) of the City of London had a longstanding quarrel over their order of precedence. The Skinners and the Merchant Taylors, both founded in 1327, ranked sixth and seventh in priority among the guilds, but which was sixth and which was seventh? In ceremonial processions, the two groups were *at sixes and sevens* over the right to claim sixth position, and the ensuing fights no doubt had the whole parade *at sixes and sevens*.

In 1484 a settlement was eventually enforced by the Lord Mayor of London and his aldermen: the officials of both guilds were to entertain each other annually to dinner, and the companies were to take turns year by year at sixth positions in processions.

HUNTER MEDICAL RESEARCH INSTITUTE (HMRI)

Guest Speaker – Libby Rodgers-McPhee

Introduced by Anne Jacob – Thanked by Louise Matthews

Libby opened by congratulating Tamworth City on celebrating its 200th birthday and noting that she was a Rotary Exchange Student to Germany back in 1973. Libby also congratulated PDG Bob and Margaret Ryan for their fund-raising efforts in cardio vascular disease for a PHD student and for Professor Andrew Boyles research.

However, HMRI is also celebrating its 20th anniversary this year. It began in 1998 with 90 affiliated researchers and now has over 1600 researchers, students and support staff. It is a partnership between the community, Hunter New England Health and the University of Newcastle which in turn collaborates with the University of New England (the latter for the past ten years) and now internationally.

HMRI concentrates on three major areas:

Seven (7) Research Programs – covers Cardiovascular: Pregnancy and Reproduction: Cancer: Brain and Mental Health: Viruses, Infections, Vaccines and Asthma (VIVA): Genomics and Precision Medicine and Public Health

Clinical Trials Support Unit - covers Bio-statisticians and Bio-informatics and Health Research Economics – Health Technology Assessment.

The Excellence in Research Australia (ERA) independently ranks the quality of HMRI/UON medical research at above, or well above, world standard. Last week the Federal Government announced a \$6.1million grant from the Medical Research Future Fund to support the Centre which includes HMRI.

HMRI receives funding from both national and state governments but in order for that to happen we need the donor support to plant the seed.

Other areas HMRI covers are

- Rural Health – Out of Hospital Care
- Rural Health and Stroke Finder Helmet (we have two at \$50,000 each)
- Cancer Research in Tamworth – Cancer Clinical Trails and Breast Cancer studies
- Cancer Research in Tamworth – Radiation Therapy
- Rural Health Mental Health
- Rural Cardiovascular Health
- Rural Health and Telehealth
- Indigenous Health – health research and ArtsHealth program in Tamworth and Walgett
- Indigenous Health – Improving the health of Aboriginal children
- Rural Health – Respiratory

HOW CAN WE HELP?

- Join the research register
- Come to the HMRI Open Day on Friday, 12 October
- Donate to your “passion” area
- Leave a legacy to reflect your values

Contact Libby – 0412 862 741 for further information



	12 September	19 September	26 September
Topic	James Treloar Noel Park Award 2018	Peter Ryan Tamworth Business Awards 2018	Simon Haggarty Goonoo Goonoo
Door Team	Terry Robinson Peter Ryan	Peter Bell Dimity Betts	Val Hellmann Dwone Jones
Meeter & Greeter	Rob Sharp	Namoi Blakey	Tom Hellmann
Welcome	Andrew Maughan	Graham Dooley	David Hinwood
President Assist	Brodie Shields	Richard Hardwick	Lesley Hood
Visitor Assist	Julian Smith	Steve Hawkins	Ian Howle
Corporal Assist	Laurence Hearne	Mitch Soree	Paul Stevenson
Bulletin Notes	Michael Smith	Michael O'Connor	Namoi Blakey
Introduction	Michael Smith	Michael O'Connor	Namoi Blakey
Vote of Thanks	Maureen Thornton	Barry Biffin	Marina Lawrence
PO Raffle	14 September	21 September	28 September
at 6:30 PM	Terry Robinson Brett White	Brett White Steve Hawkins	Steve Hawkins Peter Bell
5 October	12 October	19 October	26 October
Peter Bell Brian Thompson	Brian Thompson John Treloar	John Treloar John Rouvray	John Rouvray Glenn McIntosh
Corporals for September		Corporals for October	
John Treloar & Chris Watson		Robert Clifton & Brian Logan	
Birthdays, Anniversaries and Inductions			
Members Birthdays	Jane Bradford & Richard Hardwick (14/09)		
Partners Birthdays	Marion Dooley (13/09)		
Anniversaries	Pauline & Dick Davison (61 years -14/09); Peter & Annette Ryan (22 years – 17/09)		
Club Induction	Steve Massey & Phil Penman (12 years – 13/09); Dennis Maunder (28 years – 12/09)		
Attendance	78%		
Make-Ups	Nil		
Visiting Rotarians	Nil		
Visitors	Graham Nuttall (ex-member); Libby Rodgers-McPhee (Guest Speaker)		
Heads & Tails	Mitch Soree		
Raffle	??		

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST.** The development of acquaintance as an opportunity for service;
- **SECOND.** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Grace

O Lord and giver of all good
 We thank Thee for our daily food
 May Rotary Friends and Rotary ways
 Help us to serve Thee all our days

The Four-Way Test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Tamworth—First Light

Meets Wednesday morning,
 6:30 for 7:00 am at
 Wests Diggers
 Kable Avenue
 TAMWORTH NSW 2340
 Phone: 02 6766 4661

Club Officers and contact details

President—John Worldon

president@tamworthfirstlight.org.au

Secretary—Liz Gill

secretary@tamworthfirstlight.org.au

Treasurer – Deb Barnes

Other Clubs meet:

Monday	Tamworth West, West Tamworth Bowling Club, 6:30pm
Tuesday	Tamworth Rotary Club, Service Club, 6:15pm
Wednesday	Tamworth on Peel – (Calala Rotary), Calala Inn, 6:30pm
Friday	Tamworth Sunrise, Sanctuary Inn, 7:00am